

The role of wellbeing in regenerating  
agricultural landscapes:  
How do we ensure farmers and ranchers are  
resilient during shocks and stressors?

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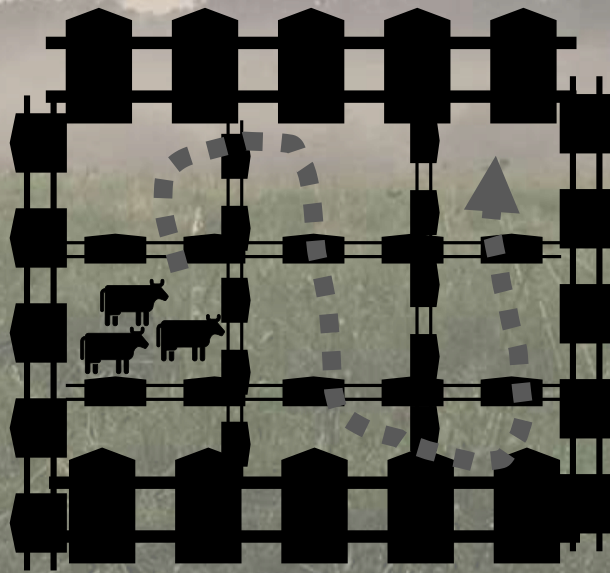
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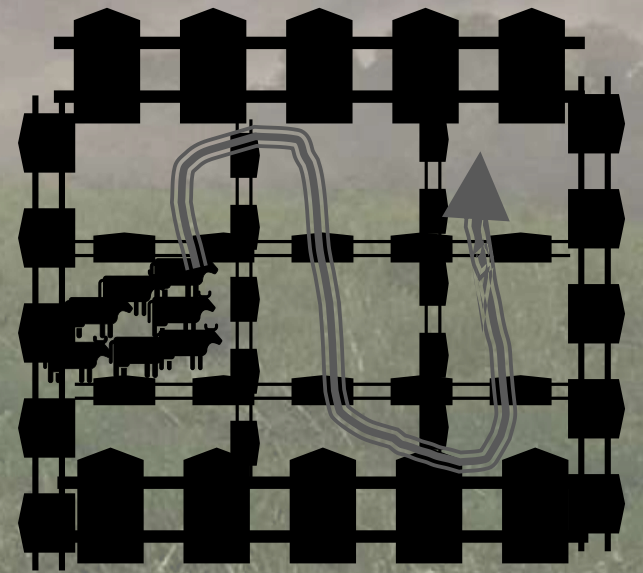
Grazing styles exist on a spectrum from  
continuous → rotational → adaptive



Continuous



Rotational



Adaptive

Continuous grazing contributes to degradation while adaptive grazing contributes to carbon sequestration

### Grassland Regeneration, Zimbabwe (2004-2007)



Continuous



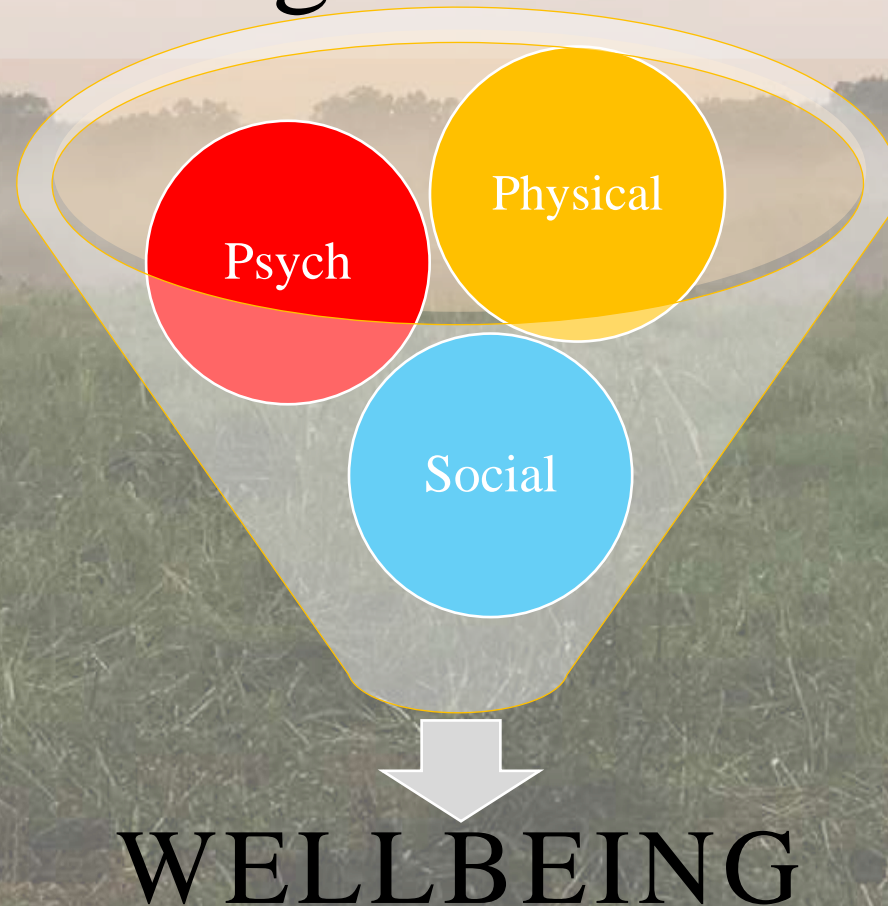
Adaptive

# Adaptive grazing increases environmental wellbeing and possibly human wellbeing



WELLBEING  
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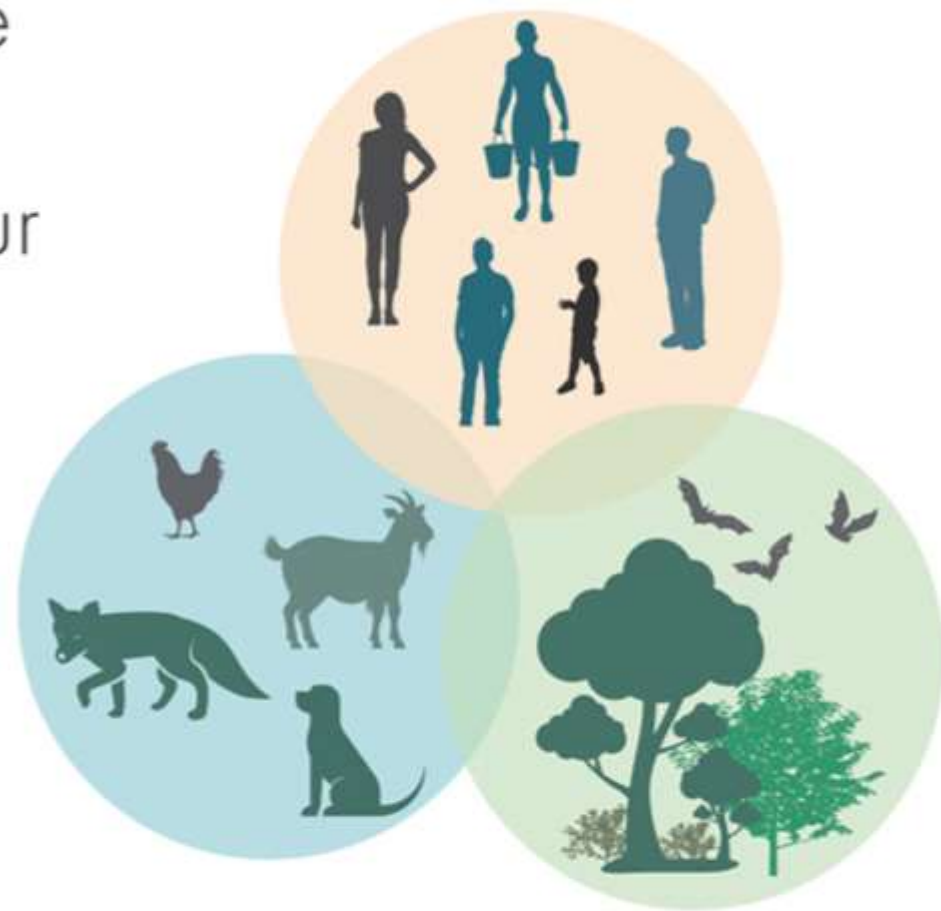
Human wellbeing is the balance between social, physical, and psychological factors



**One Health** is the idea that the health of people is connected to the health of animals and our shared environment.

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When we protect **one**,  
we help protect **all**.



To ensure this system is resilient in the face of shocks and stressors, we need to ensure the wellbeing of all factors

